



ELDERHAUS ADULT DAY PROGRAMS 605 S. Shields St. (970) 221-0406 Mar. 2009

Mon.	Tues.	Wed.	Thurs.	Fri.
<p>02. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10: House movie plans 1:15-1:45 World Folk Tales and Fables wk. (bring your favorite to share) 2:00-2:45 Choose someone to write a letter of Appreciation to. Community Connection A.M: Bake Chocolate Chip cookies Make Thank you cards while cookies bake P.M: Deliver cookies to Community 3-3:30 Snack 4:00 Play hangman National write a letter of Appreciation wk. 1-7 BP Week</p>	<p>03. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 9:45 Dr. Seuss books intergenerational at Little Bear's Child Care 10-11: Granny's Creative Corner: start pinning aprons together & start sewing 1:15-2:30 Create a new bulletin board Theme: "Women" Past, Present & Future 2:30 Clean Up. 3-3:30 Snack 4:00 Spelling Bee Contest Choose someone to write a letter of Appreciation to.</p>	<p>04. 8:30-9:15 Current Events Discussion 9:30-10:30 Bible Study w/Rose 10:30-11:30 Memories in the making 11:30- Clean up Make & Decorate for St. Patrick Multicultural Group History/Crafting Chinese Lanterns Come enjoy the beautiful décor from the Orient @ the mall. 3-3:30 Snack 4:00 Team Trivia Choose someone to write a letter of Appreciation to.</p>	<p>05. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10:00 Granny's Volunteer Project: Grannies boxes love 1:15 Healing Touch Therapy (?) 1:45 Weather permitting walk to City Park 3:00-3:30 snack 4:00 Play Hangman Choose someone to write a letter of Appreciation to.</p>	<p>06. 8:30-9:15 Current Events Discussion 9:30 Load & leave for 10: CSU Field of Flags kicks off Holocaust Awareness Week Go check out the flags 1:15 Dennison's of the Deep (fish store) 3:00-3:30 snack 4:00 Parachute Play Choose someone to write a letter of Appreciation to.</p>
<p>09. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10-11 Got Sauce? 10 Create a variety of dipping sauces. Vote on your favorite sauce 1:30 Create garden tin men Community Connection A.M./P.M: Our friends from Stepping Stones are visiting A day of socialization, coffee, crafts, singing, Bingo & more 3-3:30 Snack 4:00 break into small group for games</p>	<p>10. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10:00 Grandma's Creative Corner: finish Apron work 11:00 Music Therapy with Heather 1:30 Create dirt pie for snack Reminisce about baking with Mom & Granma 3:30 Snack 4:00 one-on-one time with volunteers</p>	<p>11. 8:30-9:15 Current Events Discussion 9:30-10:30 Bible Study w/Rose 10:45 Leave for the Butterfly Pavilion Multicultural Group Movie Project & calendar planning Dulcet vita for tea, and learn about England the Queen's Style 3:30 Snack 4:00 who wants to be a Millionaire</p>	<p>12. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10:00 Grandma's Volunteer Project: Project:: Grannies boxes love Finishing touches 10:00 "YOGA" with Norma 1:30 Jewelry Trunk Show with Ricki 2:Founding of Girl Scouts discussion 3:30 Snack 4: K-9 Learning Center</p>	<p>13. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10: Poudre School District Student Art Exhibition at the Lincoln Ctr. 1:30 Palmer's Flower Shop 3:30 Snack Employee Appreciation Day</p>
<p>16. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10: Hunk-Ta-Bunk-Ta Music w/Katherine O'Dines @ Harmony Library 1:30 Staff Choice Community Connection Mindset social with our ladies in waiting Working on our project: Spa Bags 3:30 Snack BP Week</p>	<p>17. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10:00 Vern's for Cinnamon rolls Grandma's Creative Corner: Art Project: Create Matchbook Note pads 1:30-3 St. Patrick's Day Celebration 3:30 Sing along time</p>	<p>18. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 9:30-10:30 Bible Study w/Rose 10:30 Memories in the making Picnic Participants choice for outing Multicultural Group Traveling to Russia via armchair travel Truths & Myths about Vikings Guest: Jimmy Shorkey 3:30 Snack 4:00 group games</p>	<p>19. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10:00 Grannies Volunteer Project: 10:30 -11:45with the Women of Clay Project:: Grannies boxes of love 11:30 Clean up Time Lunch Bulletin Board Trivia 3:00 Snack 4:00 Sing along</p>	<p>20. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10: Red Earth Country works by Carolyn Hoyle and Pam Furumo Greeley's Union Colony Civic Center Picnic Photography club ride back scavenger hunt for signs of spring 3:30 Snack 4:00 Sit outside & enjoy the day</p>
<p>23. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10: World Folk Tales and Fables wk. (bring your favorite to share) 1:30 Coffee/tea social reminiscing Community Connection Grannies Red Hat Society Mtg. Wear your Colors Tea Social, socializing, calendar work, & craft project</p>	<p>24. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10:00 Bracelets with Sharon Lunch Grandma's Creative Corner: Art Project: Create Matchbook Note pads Hot Chocolate Social 3:00 Snack 4:00 Participant's Play</p>	<p>25. 8:30-9:15 Current Events Discussion 9:30-10:30 Bible Study w/Rose 10:45 Leave for the Butterfly Pavilion Multicultural Group Finland's way of life we will learn Meeting new friends @ Ctr. Rehab. To talk about life in Germany 3:30- Snack 4:00 Hangman.</p>	<p>26. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10:00 Grannies Volunteer Project: Project: Grannies boxes of love finish them. 11:30 Clean up Time Lunch 1:30 Breath & Relax "YOGA" with Norma 1:30Music with Jerry @ 1:30</p>	<p>27. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10: Off to Culture & Public Art Sculpture on Loan Greeley Scavenger Hunt Lunch 1:30 Plan Movie booth, ideas, games, trivia 3:00 snack 4:00 Exercise with Parachute</p>

<p>30. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10: Antique Road Show (bring something for show & share) Ride up to Horsetooth <u>Community Connection</u> Off to Greeley to visit our friends at Eldergardens 3:30 Snack</p>	<p>31. 8:30-9:15 Current Events Discussion 9:15-9:45 Chair Exercise 10: Play Anything Goes Weather permitting walk to City Park Loretta Lynn Music sing along Write a country song together 3:30 Snack 4:00 Trivia</p>			
---	--	--	--	--